

## On 1-D and 2-D Poincaré's Inequality

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I will state and prove two propositions which are special cases on Poincaré's inequality. The first one is in  $1-D$  symmetric domain where the function is odd, and the second one is in  $2-D$  symmetric domain with a particular function: the exponential function of two variables.

**Proposition 1** *Let  $\Omega = [-a, a]$  and  $f$  be differentiable on  $\Omega$ . If  $f$  is an odd function, then for  $1 < p < \infty$ , we have*

$$\int_{\Omega} |f|^p dx \leq k \int_{\Omega} |f'|^p dx.$$

**Proof.** From Poincaré's inequality, and for the given index  $p \in (1, \infty)$  we have :

$$\int_{\Omega} |f - f_{ave}(\Omega)|^p \leq c \int_{\Omega} |f'|^p dx$$

where  $c$  is some constant that depends on  $p$  and  $\Omega$ . But from the oddness of  $f$ , and the symmetry of the domain  $\Omega$ , we see that  $f_{ave}(\Omega) = \frac{1}{\mu(\Omega)} \int_{\Omega} f d\mu = 0$  and therefore we have the desired result. ■

**Proposition 2** *Let  $\Omega = (-a, a)$  for  $a > 0$ . Prove that for  $1 < p < \infty$ ,*

$$\int_{\Omega \times \Omega} \left| \exp(x+y) - \frac{\sinh^2 a}{a^2} \right|^p dx dy \leq c \left( 2^{\frac{p+4}{2}} \right) \left( \frac{\sinh^2 ap}{p^2} \right)$$

where  $c$  is some constant.

**Proof.** Again using the Poincaré's inequality for  $2-D$ , over the domain  $\Delta = \Omega \times \Omega$  we have

$$\int_{\Delta} |f - f_{ave}(\Delta)|^p d\mu \leq c \int_{\Delta} |Df|^p d\mu$$

where  $d\mu$  is a surface measure in  $\mathbb{R}^2$  and  $Df$  is the gradient of  $f$ . In our particular case, the function is  $f(x, y) = \exp(x+y)$ . Therefore the absolute value of the gradient of  $f$  is given as

$$|Df| = \sqrt{2} \exp(x, y)$$

Therefore,

$$|Df|^p = (\sqrt{2})^p f^p(x, y) = (\sqrt{2})^p f(px, py)$$

and hence

$$\begin{aligned} \int_{\Delta} |Df|^p d\mu &= \int_{\Omega \times \Omega} (\sqrt{2})^p f(px, py) dx dy \\ &= \frac{2^{\frac{p+4}{2}}}{p^2} \sinh^2 ap \end{aligned}$$

But the average value of the exponential function  $f$  over the set  $\Delta = \Omega \times \Omega$  is calculated to be :

$$\begin{aligned} f_{ave}(\Delta) &= \frac{1}{|\Omega \times \Omega|} \int_{\Omega \times \Omega} f(x, y) dx dy \\ &= \frac{1}{4a^2} \int_{\Omega \times \Omega} \exp(x + y) dx dy = \left(\frac{\sinh a}{a}\right)^2 \end{aligned}$$

Then combining all the results, the Poincare's inequality provides the following:

$$\begin{aligned} \int_{\Omega \times \Omega} \left| \exp(x + y) - \left(\frac{\sinh a}{a}\right)^2 \right|^p d\mu &\leq c \int_{\Delta} |Df|^p d\mu \\ &= c \int_{\Omega \times \Omega} (\sqrt{2})^p \exp(px + py) dx dy \\ &= c \frac{2^{\frac{p+4}{2}}}{p^2} \sinh^2 ap \end{aligned}$$

where  $c$  is some constant that depends on  $a$  and  $p$  and  $p \in (1, \infty)$ . ■